

Our aim is to enjoy the beauty of the local countryside by walking along its many public footpaths with like-minded members. Walks take place on the 2nd and 4th Tuesday of the month throughout the year, starting at 10am. Members of the Group - who feel confident doing so - take it in turn to lead walks. We meet at a prearranged location within approximately half an hour's drive from Banbury. The walks will usually be between 4-5 miles and a risk assessment with all details is circulated in advance. Members are asked to let the walk leader know for each walk that they are coming. Lifts are encouraged and arranged between individual members.

The walks take place whatever the weather and any member who changes their mind about attending should inform the walk leader in advance of the start time. A specific wet weather walk may be substituted for the scheduled walk. Informal meetings to plan six months of walks take place in December and June.

Members need to be reasonably fit and able to climb stiles and manage inclines. We keep up a steady (age-related!) pace with a drink stop. Members should have appropriate footwear and clothing for walking and the weather conditions, and be prepared to encounter mud for most months of the year. If there is a convenient venue we may stop for coffee or lunch at the finish. New members are very welcome. If you would like to join the group, or would like more information, please email the group convenor: countrywalks.banu3a@gmail.com